

## Request Form

### PATIENT INFORMATION

Name \_\_\_\_\_  
Surnames \_\_\_\_\_  
Gender: Male  Female   
Date of birth \_\_\_\_\_  
Ethnicity \_\_\_\_\_  
Email \_\_\_\_\_

### PHYSICIAN INFORMATION

Name \_\_\_\_\_  
Surnames \_\_\_\_\_  
Institution \_\_\_\_\_  
Address \_\_\_\_\_ Postal code \_\_\_\_\_  
Telephone \_\_\_\_\_ Email \_\_\_\_\_  
Nº of process/consultation \_\_\_\_\_

### STUDY INFORMATION

Type of sample:  Saliva  Whole blood  DNA

#### Study details:

- Genetic profile relevant for:
  - Predisposition to weight gain
  - Cardiovascular risk
  - Predisposition to Metabolic Syndrome and Diabetes
  - Predisposition to arterial hypertension
  - Deficiencies, nutritional sensitivities and intolerances
- Study of food intolerances mediated by igG

### ADDITIONAL INFORMATION

Weight (kg) \_\_\_\_\_ Body Mass Index \_\_\_\_\_  
Waist-hip ratio (cm) \_\_\_\_\_

Have you been on a diet supervised by a nutritionist?  Yes  No

If yes, have you recovered the weight lost?  Yes  No

How many hours of exercise per week?  0  1-3  4-6  +7

Are you prone to snacking?  Yes  No

If yes, before or after dinner? Before  after

How many coffees do you drink per day?  0-1  2-3  +4

INTERNAL CODE

### AUTHORIZATION AND INFORMED CONSENT OF THE PATIENT

I declare that I voluntarily authorise the collection of my biological material/my son's/ daughter's biological material to perform the genetic test described above. I declare that all the necessary information has been made available to me about the performance of the test and that I understand the applications and limitations of the genetic test that was prescribed for me. I am aware and understand that measures will be implemented to protect the confidentiality of my data, for an indeterminate time. I have the right to access, update and/or erase my personal data at any time by sending an email to pedidos@pronacera.com .

I expressly agree and give permission for my personal data and other relevant information to be sent and transmitted to PRONACERA THERAPEUTICS for the realization of the genetic test.

I authorise the biological material and the additional data to be used anonymously for research purposes Yes  No

Signature and consent of the patient:

Signature and clarification of the doctor:

Date:

### SAMPLE REQUIREMENTS

- Whole blood** : 2 or 3 mL in K<sub>2</sub>EDTA or K<sub>3</sub>EDTA tube
- ADN** : minimum 300ng with a [35] ng/μl
- Saliva**: Collect the sample according to the kit specifications